



May 2023 Social Media, Blog, &/or Video Idea Posting Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
	Loyalty Day National Fitness Day	Baby Day Brothers and Sisters Day	Garden Meditation Day World Press Freedom Day	National Teacher's Day Star Wars Day	Cartoonist Day Cinco de Mayo	Kentucky Derby Day No Diet Day
7	8	9	10	11	12	13
National Day of Prayer National Tourism Day	No Socks Day World Red Cross Day	Lost Sock Memorial Day National Teachers Day	Clean up Your Room Day National Receptionist Day	Eat What You Want Day Twilight Zone Day	International Nurses Day Military Spouses Day	International Hummus Day Leprechaun Day
14	15	16	17	18	19	20
Mother's Day Dance Like a Chicken Day	Police Officer's Memorial Day National Slider Day	Love a Tree Day Wear Purple for Peace Day	Pack Rat Day	International Museum Day Visit Your Relatives Day	Boy's Club Day World Plant a Vegetable Garden Day	Be a Millionaire Day Armed Forces Day
21	22	23	24	25	26	27
National Bike to Work Day National Endangered Species Day	Buy a Musical Instrument Day National Maritime Day	Lucky Penny Day World Turtle Day	International Tiara Day Victoria Day (Canada)	National Brown Bag It Day National Wine Day	Sally Ride Day Don't Fry Friday	Sun Screen Day International Jazz Day
28	29	30	31	1	2	3
Amnesty International Day National Hamburger Day	Learn About Composting Day Memorial Day	Mint Julep Day Water a Flower Day	World No Tobacco Day	World Otter Day		
Monthly & Weekly Themes:		Timely Hashtags:		Promotional Ideas:		
Asian American Month Date Your Mate Month Foster Care Month Gifts from the Garden Month Lupus Awareness Month Mystery Month National Barbecue Month National Bike Month	National Blood Pressure Mont National Hamburger Month National Photograph Month National Recommitment Month National Salad Month Older Americans Month Pacific Islander Heritage Month	#biketoworkday2023 #geekpride2023 #honorthosewhoserved #maythethbewithyou	#teachersgifts #celliacsafe #memorialsdaysale #memorialday2023	<ul style="list-style-type: none"> • Company charitybike ride • Mother's Day gift bundles • Discounts to teachers or graduates • Graduation gift guide 		

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